

STATE AND PUBLIC SCHOOL LIFE AND HEALTH INSURANCE BOARD MEETING MINUTES

176th meeting of the State and Public School Life and Health Insurance Board (hereinafter called the Board), met via conference call on October 25, 2017 at 10:00 a.m. in the EBD Board Room, 501 Woodlane, Suite 500, Little Rock AR 72201.

Date | time 10/25/2017 10:00 AM | Meeting called to order by Chris Howlett, EBD Executive Director

Attendance

Members Present

Dr. Joseph Thompson – Vice Chair
Shelby McCook
Katrina Burnett
Renee Mallory
Lori Freno-Engman – Proxy – Courtney Salas-Ford
Dr. Tony Thurman
Dr. John Kirtley - Chair
Carla Haugen
Janis Harrison
Chris Howlett, EBD Executive Director, Employee Benefits Division

Members Absent

Robert Boyd
Dr. Andrew Kumpuris

OTHERS PRESENT:

Geri Bemberg, UAMS; Eric Gallo, Terri Freeman, Rhoda Classen; Jamie Levinsky, EBD; Kristi Jackson, ComPsych; Wayne Whitley, ARDOT; Jim Bailey, Health Advantage

Wellness Recommendation by: Chris Howlett, EBD Executive Director

Chris Howlett reported on the recommendation from Wellness Subcommittee. There was not an official motion for the recommendation at the previous meeting.

Topics Discussed:

Recommendation from Wellness Subcommittee:

1. To be eligible for a premium incentive amount (to be determined by the Board), members will be required to complete the following:
 - a. Undergo annual biometric screening and completion of health risk assessment (HRA):
 - i. Modify the HRA questionnaire to ensure that information captured in the biometric screening is not duplicated in the HRA
 - ii. Revise the HRA to include educational components to alert members about EBD resources/covered benefits

- b. All components of biometric screening must be completed by the member in order to receive the premium incentive (Provided one is offered), inclusive of:
 - i. Annual nicotine screening, with requirement that member be nicotine free to be eligible for incentive (with exemptions for members who are actively enrolled in EBD's tobacco cessation program)
 - ii. Annual height/weight measure to derive BMI
 - iii. Annual blood pressure measurement
 - iv. Collection of cholesterol and blood glucose in 2018 for 2019 incentive credit
2. Based on outcomes and data from initial year of implementation, the Board will consider, for 2019 activities and 2020 incentive determination, required enrollment in tobacco cessation for members who test positive for nicotine, and enrollment in weight management or obesity counseling for members whose BMI is over 40

*The goal of the Wellness Committee is for primary members and spouses both to be required to complete activities for incentives; however, the Board will make the final determination

Board Discussion:

Kirtley made a motion to accept the report and adopt the recommendation with the amendment from the last EBD Board meeting. Harrison seconded.

Dr. Thompson stated that he wouldn't propose any changes to the recommendation but for the Board to reflect at least a discussion. The exclusivity that is in the assessment and what is in the HRA can have no duplication. Thompson would like there to be flexibility if there are things that are asked about diet, tobacco exposure, etc., those would not be excluded; they could be considered.

Howlett reported that he does not believe that is the intent; most of it would be covered under the educational component.

All were in favor with the exception of Thurman abstaining.

Motion Approved.

Howlett reported that as far as operationalizing that Howlett will have those components in the November Board meeting. It will also go through the Benefits and Quality of Care boards.

Harrison motioned to adjourn. Thompson seconded. All were in favor.

Meeting Adjourned.

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