

AGENDA

State and Public School Life and Health Insurance Board

Drug Utilization and Evaluation Committee

EBD Board Room - 501 Building - 5th Floor

October 4, 2011 1:00 p.m.

1. **Call to Order** *Matthew Hadley, Chair*
2. **Approval of Minutes** *Matthew Hadley, Chair*
3. **First Review Medications** *Jill Johnson, UAMS*
4. **Second Review Medications** *Jill Johnson, UAMS*
 - a. **Vyvanse – Non-Covered Medication – Re-review for coverage**
 - b. **Celexa – Covered Medication – FDA indication change**
5. **Statin Medication Chart for Reference Pricing**..... *Jill Johnson, UAMS*
6. **Director’s Report**.....*Jason Lee, Executive Director*

**Next Meeting:
2012 Schedule to be Determined**

**State and Public School Life and Health Insurance
Board Clinical and Fiscal Drug Utilization and
Evaluation Committee
Minutes
October 4, 2011**

The State and Public Life and Health Insurance Board, Drug Utilization and Evaluation Committee (DUEC) met on Monday, October 4, 2011 at 1:00 p.m., in the EBD Board Room, 501 Woodlane, Little Rock, AR.

Members present:

Matthew Hadley
Dr. William Golden
Kat Neill
Larry Dickerson/proxy
Dr. Hank Simmons

Members absent:

Kelly Chaney
Dr. Joe Stallings
Mark McGrew
Scott Pace

Jason Lee, Executive Director, Employee Benefits Division of DFA.

OTHERS PRESENT

Jill Johnson, UAMS College of Pharmacy/EBRx; Connie Bennett, Informed Rx; Rhonda Walthall, AHTD; Michelle Hazelett, Lori Eden, Amy Tustison, Sherri Saxby, Latryce Taylor, Cathy Harris, EBD; Bridget Johnson, Pfizer, Dwight Davis, Alan Hickman, UAMS; Bryan Meldrum, Novasys; Frances Baumen, Novo Nordisk; Warren Tyes, Merck; Mark DeClark, Lilly; Janie Huff, Takeda; BJ Himes, QualChoice

CALL TO ORDER

Meeting was called to order by Matthew Hadley, Chairman.

APPROVAL OF MINUTES

The motion was made by Dr Golden to approve the April 4, 2011 minutes. Minutes approved as amended.

FIRST REVIEW MEDICATIONS *by Jill Johnson*

<u>Drug Name</u>	<u>Tier Status</u>
Creon 3000 units Digestive enzyme. New infant specific dose (3000U)	T3
Lastacaft Ocular pruritus. Dose is 1 drop per day.	T3
Tradjenta 5mg Type 2 diabetes (DPP-4 inhibitor class)	T3 with DM Step Therapy
Xarelto Prevention of thrombosis after hip/knee replacement. (oral dosage form)	T3 with QL 35 tabs/year. PA anything over that limit
Zirgan Ophthalmic gel Acute herpes simplex keratitis	T3
Complera 200mg tab Antiretroviral combination for HIV infection - combo therapy targets different points in the life cycle of HIV	T3/W/ PA
Dificid 200mg tabs Tx of clostridium difficile - associated diarrhea in adults 18 and older. Sustained clinical response w/Dificid was greater at 25 days and at trial end for Dificid vs Vancocin 70% vs 57% in trial 1 and 72% vs 57% in trial 2	T3/w /PA, QL
Endurant HIV - in combo w/other antiretrovirals for the tx of HIV-1 infection in antiretroviral treatment naïve adult patients	T3/w /PA
Lupron Depot 45mg inj (6 mo formula) Advanced prostate cancer	Exclude
Nulojix First selective T-cell costimulation blocker for the prophylaxis in kidney transplants, in combo w/basiliximad induction, mycophenolate mofetil and corticosteroids	T3 /w/PA
Phoslyra Solution New 667mg oral solution formulation for reducing serum phosphorus in end stage renal disease	T3 /w/PA

<u>Drug Name</u>	<u>Tier Status</u>
Staxyn 10mg tabs Erectile dysfunction. Orally disintegrating form of Levitra but cost less. \$14/tab vs \$19/tab for Levitra	T3 /w/PA, QL

Incivek 375mg Chronic Hep C genotype 1 in combination w/ peginterferon alfa and ribavirin in adults 18 and older with compensated liver disease	Exclude
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Victrelis 200mg caps Chronic Hep C genotype 1 in combination w/ peginterferon alfa and ribavirin in adults 18 and older with compensated liver disease	T3/w/PA
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NOTE: lost quorum for the following drug discussions

Zytiga 250mg tab Oral treatment of prostate cancer in combo with prednisone in patients who have received prior chemotherapy containing docetaxel	Exclude
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Zelboraf 240mg tabs *Charge ½ of T3 copay for each 14 day supply. Oral treatment of malignant melanoma	T3 /w/PA, QL
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Adcetris 50mg INJ Hodgkin's and non Hodgkin's lymphoma	Exclude
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Arcapta Treatment of airflow obstruction in patients with COPD, including chronic bronchitis and/or emphysema. Once daily dosing	Exclude
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Brilinta 90mg Antiplatelet therapy. More effective than Plavix for acute coronary syndrome	T3
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Cenfol Volic acid combination	Exclude
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Codar AR Narcotic antitussive-antihistamine	Exclude
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Codar D Narcotic antitussivedecongestant	Exclude
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Codar GF Narcotic antitussive/expectorant	Exclude
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<u>Drug Name</u>	<u>Tier Status</u>
Daliresp 500mcg First in class PDE4 inhibitor for the prevention of COPD exacerbations in patients w/ COPD associated with chronic bronchitis and a history of exacerbations.	Exclude
Endal CD Syrup Narcotic cough-decongestant antihistamine	Exclude
Flo-pred Suspension Corticosteroids	Exclude
Generess FE chewable oral contraceptive	Exclude
Gralise Postherpetic neuralgia(PHN)	Exclude
Horizant 600 Anticonvulsant/neuropathic pain	Exclude
Lamictal XR 300mg tab Anticonvulsant, bipolar disorder	Exclude
Lunlaid Emulsion Respiratory medical food	Exclude
Makena injection Reduces the risk of preterm birth	Exclude
Naproderm Cream Topical analgesic (NSAIS)	Exclude
OB Complete Cap 400 Prenatal vitamin	Exclude
Procort Anorectal inflammation	Exclude
Spirix Nasal Spray Mild to moderate pain in nasal spray form	Exclude
Sumadan Wash Acne Product	Exclude

<u>Drug Name</u>	<u>Tier Status</u>
Sylatron Kit Melanoma	Exclude
Topicort LP oint 0.05% Topical corticosteroid	Exclude
Tricode AR Narcotic antitussive/decongestant/antihistamine	Exclude
Tricode GF Narcotic antitussive/expectorant/decongestant	Exclude
Vandetanib 100 and 300mg tabs (Caprels) Oral tx of symptomatic or progressive medullar thyroid cancer in patients with unresectable locally advanced or metastatic disease	Exclude
Viibryd Major depressive disorder	Exclude
Viramune XR 400mg tab HIV-1 infections in adults	Exclude the XR form
Vitafol-one caps Prenatal vitamin	Exclude
Ztuss Narcotic antitussive/expectorant/decongestant	Exclude
Solesta injection Tx of fecal incontinence who have failed conservative therapy. 4 injections per procedure administered by trained physician as an outpatient w/o anesthesia.	N/A Medical
Calcium folinate Due to a shortage of leucovorin calcium injection, the FDA has approved temporary importation and distribution of this European product, from TEVA UK	N/A Medical
Wilate Tx of spontaneous and traumatic induced bleeding episodes in patients with severe VWD or moderate VWD in whom the use of desmopressin is known/suspected to be ineffective or contraindicated. Not for the prevention of excessive bleeding during/after surgery in patient's w/VWD. Not indicated for Hemophilia A	N/A Medical

Drug Name

Tier Status

Xyntha Injection

N/A Medical

Congent factor VIII disorder/hemophilia a carrier/asympt hemophjlia A carrier/sympt hemophil a carrier. Not indicated for VWD

Yervoy

N/A Medical

Unresectable or metastatic melanoma

New drugs were approved by consensus.

SECOND REVIEW MEDICATIONS, Jill Johnson

- a. **Vyvanse** (currently excluded from coverage) is a central nervous system stimulant.

Vyvanse is used to treat attention deficit hyperactivity disorder (ADHD) in adults and in children who are at least 6 years old. It is used as a part of a total treatment program that may include psychological, educational, and social therapy.

The DUEC reviewed Adderall XR and generic Adderall XR and considered generic Adderall XR cost will decrease further due to competition in the market and QL would prevent exceeding the maximum recommended daily dose.

Recommendation: Cover Vyvanse at Tier 3 with quantity limit same as other ADHD medications - No Therapeutic duplication (*use of multiple agents from the same chemical family or therapeutic class*).

- b. **Citalopram (Celexa®)**

Celexa (citalopram hydrobromide) is in a class of antidepressants called selective serotonin reuptake inhibitors (SSRIs). recommendations for healthcare professionals and patients

ISSUE: FDA notified healthcare professionals and patients that the antidepressant Celexa (citalopram hydrobromide) should no longer be used at doses greater than 40 mg per day because it can cause abnormal changes in the electrical activity of the heart. Changes in the electrical activity of the heart (prolongation of the QT interval of the electrocardiogram [ECG]) can lead to an abnormal heart rhythm (including Torsade de Pointes), which can be fatal. Patients at particular risk for developing prolongation of the QT

interval include those with underlying heart conditions and those who are predisposed to low levels of potassium and magnesium in the blood.

Citalopram causes dose-dependent QT interval prolongation. Citalopram should no longer be prescribed at doses greater than 40 mg per day. Citalopram should not be used in patients with congenital long QT syndrome. Patients with congestive heart failure, bradyarrhythmias, or predisposition to hypokalemia or hypomagnesemia because of concomitant illness or drugs, are at higher risk of developing Torsade de Pointes. See the FDA Drug Safety Communication for additional recommendations for healthcare professionals and patients

RECOMMENDATION: Place QL on Citalopram on all strengths for dose optimization. (40mg tabs max 31/31 days, 20mg tabs 31/31 days, 10mg tabs 31/31 days. Patients should move to the next higher strength rather than take multiple tabs to achieve the dose.

The committee decided by consensus to approve recommendations for Vyvanse and Citalopram (Celexa®).

STATIN MEDICATION CHART FOR REFERENCE PRICING *by Jill Johnson*

Recommendation: Move Lipitor 40mg and Crestor 10mg to Tier 2 copay with an approved prior authorization (same as Lipitor 80mg and Crestor 20mg and 40mg).

Lipitor 10mg and 20mg and Crestor 5mg will remain covered under the reference pricing arrangement.

The committee decided by consensus to approve.

Meeting adjourned.

DUEC New Drugs April-Aug 2011

GPI	Drug	Generic Name	Other Drugs in Same Class	Indications	Consultant's Notes	DUEC Vote	Insurance Vote
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T3

5120 0024 0067 **	Creon 3000 units	n/a	n/a	Digestive enzyme. New infant specific dose (3000U)	T3. Look at EBD Report. PBM should negotiate lowest net cost pancreatic enzyme replacement among Creon, Zenpep, and Pancreaze.		
8680 2004 0020 **	Lastacaft	alcaftadine	Ketorolac- One drop qid. Patanol- One drop bid	Ocular pruritus . Dose is 1 drop per day.	T3 . OTC is available and without data to show any are more effective or safer than another, it is not possible to determine which is better. AWP pricing: <ul style="list-style-type: none"> • alcaftadine \$105.60/3 ML • azelastine \$104.04/6 ML • emedastine\$ 81.75/5ML • epinastine \$106.99/5 ML • ketotifen \$ 6.75 – 12.00/5 ML (SEVERAL BRANDS OTC) • olopatadine\$125.75/5ML (1gtt BID) 		

T3 ST or QL

2755 0050 0003 **	Tradjenta 5mg	linagliptin	Januvia, Onglyza	Type 2 diabetes (DPP-4 inhibitor class)	<p>T3 with DM Step Therapy. 1. Deny if any insulin claim in the past 30 days. 2. No monotherapy access for sitagliptin or saxagliptin or linagliptin. Combination products require generic monotherapy prior to access.(i.e. Must fail metformin monotherapy as well as other generic combo therapies prior to getting this nonvalidated therapy.) 3. PA all prescriptions, criteria:</p> <ul style="list-style-type: none"> ▪ require a current metformin fill for 90 of the past 120 days at the maximum or near-maximum dose, failure to reach goal A1C, AND then ▪ Require the use of concomitant sulfonylurea, unless contraindicated, &/or pioglitazone in patients who have not reached HbA1C goal with metformin monotherapy, unless pioglitazone is contraindicated due to HF, edema, or fracture risk. ▪ Prior to access to Kombiglyze XR (saxagliptin + metformin), metforminb + sulfonylurea + pioglitazone and without saxagliptin must fail to achieve goal HbA1C. <p>4. No therapeutic duplication with sita- or saxa- or lina-gliptin. (Deny the drug if the other is filled in the previous 30 days.) aMetformin must be titrated slowly upward. Metformin 500mg twice daily is the initial dose. Patients should increase to at least 850 mg twice daily before determining failure. bMetformin must have an adherence rate of 4 of the past 5 months prior to gaining access to sitagliptin or saxagliptin or linagliptin.</p>		
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GPI	Drug	Generic Name	Other Drugs in Same Class	Indications	Consultant's Notes	DUEC Vote	Insurance Vote
8337 0060 0003 **	Xarelto	Rivaroxaban 10mg	Enoxaparin, Lovenox (injectables)	Prevention of thrombosis after hip/knee replacement. (oral dosage form)	T3, QL of 35 tabs/year for VTE Proph in Hip or Knee replacement. Non-inferior to warfarin in AF and VTE Treatment.		
8610 3007 0040 **	Zirgan Ophthalmic gel	ganciclovir	Viroptic Drops, Trifluridine Drops	Acute herpes simplex keratitis	T3. Not superior to acyclovir 3% ointment. Hoh HB, et al. Randomised trial of ganciclovir and acyclovir in the treatment of herpes simplex dendritic keratitis: a multicentre study. Br J Ophthalmol. 1996 Feb; 80(2):140-3.		

T3PA

1210 9903 4003 **	Complera 200mg tab	emtricitobine/r ilpivirine/tenofovir	Atripla	Antiretroviral combination for HIV infection - combo therapy targets different points in the life cycle of HIV	T3 PA. The following points should be considered when initiating therapy with rilpivirine: more rilpivirine treated subjects with HIV-1 RNA greater than 100,000 copies/mL at the start of therapy experienced virologic failure compared with subjects with HIV-1 RNA less than 100,000 copies/mL at the start of therapy; the observed virologic failure rate in rilpivirine treated subjects conferred a higher rate of overall treatment resistance and cross-resistance to the NNRTI class compared with efavirenz; more subjects treated with rilpivirine developed lamivudine/emtricitabine associated resistance compared with efavirenz. Rilpivirine's advantage is fewer adverse effects compared to efavirenz. PA criteria: 1. Dx of HIV 1 and patient is HIV-treatment-naive, 2. Pt is without baseline NNRTI-limiting mutations and does the pt have full susceptibility to the background NRTIs, 3. Is the patient female and able to bear children, OR 4, Does the patient have underlying psychiatric issues that would prevent efavirenz from being started? To gain access to the drug, patient must have 1 AND 2 AND EITHER 3 OR 4.		
0353 0025 0000 3**	Dificid 200mg tabs	fidaxomicin	Vancocin 500- 2000mg / day	Tx of clostridium difficile - associated diarrhea in adults 18 and older. Sustained clinical response w/Dificid was greater at 25 days and at trial end for Dificid vs Vancocin 70% vs 57% in trial 1 and 72% vs 57% in trial 2	T3 PA: 1. Dx of Clostridium difficile infection producing diarrhea, 2. Failure of metronidazole and oral vancomycin as per the current IDSA Cdif infection guidelines. QL of 20 units per fill.		
1210 9080 1003 **	Endurant	rilpivirine	Intelence, Rescriptor, Sustiva, Viramune	HIV - in combo w/other antiretrovirals for the tx of HIV-1 infection in antiretroviral treatment naive adult patients	T3 PA. The following points should be considered when initiating therapy with rilpivirine: more rilpivirine treated subjects with HIV-1 RNA greater than 100,000 copies/mL at the start of therapy experienced virologic failure compared with subjects with HIV-1 RNA less than 100,000 copies/mL at the start of therapy; the observed virologic failure rate in rilpivirine treated subjects conferred a higher rate of overall treatment resistance and cross-resistance to the NNRTI class compared with efavirenz; more subjects treated with rilpivirine developed lamivudine/emtricitabine associated resistance compared with efavirenz. Rilpivirine's advantage is fewer adverse effects compared to efavirenz.		
2140 5010 2564 **	Lupron Depot 45mg injection (6 month formulation	leuprolide	other Lupron formulations	Advanced prostate cancer	T3PA: 1. Dx of prostate Ca.		

GPI	Drug	Generic Name	Other Drugs in Same Class	Indications	Consultant's Notes	DUEC Vote	Insurance Vote
9940 8020 0021 **	Nulojix	belatacept	none	First selective T-cell costimulation blocker for the prophylaxis in kidney transplants, in combo w/basiliximad induction, mycophenolate mofetil, and corticosteroids	T3 PA. Criteria Is the patient s/p kidney transplant, currently taking mycophenolate mofetil and corticosteroids, and known to be seropositive for Epstein-Barr Virus?		
5280 0020 1020 **	Phoslyra Solution	calcium acetate oral solution	Phoslo / calcium acetate caps	New 667mg oral solution formulation for reducing serum phosphorus in end stage renal disease	T3PA. Criteria: 1. Unable to swallow tablets or capsules. Deny if other tablets/capsules are on the current profile.		
4030 4090 1407 2**	Staxyn 10mg tabs	ildenafil orally disintegrating tab	Viagra, Cialis, Levitra	Erectile dysfunction. Orally disintegrating form of Levitra but cost less. \$14/tab vs \$19/tab for Levitra	T3 w/ QL and PA (same criteria as other ED drugs). Watch for generic soon.		
1235 3085 0003 **	Incivek 375mg	telaprevir tabs	Victrelis	Chronic Hep C genotype 1 in combination w/ peginterferon alfa and ribavirin in adults 18 and older with compensated liver disease	T3PA. In your packet.		
1235 3015 0001 **	Victrelis 200mg caps	boceprevir 200mg	Incivek	Chronic Hep C genotype 1 in combination w/ peginterferon alfa and ribavirin in adults 18 and older with compensated liver disease	T3 PA. Criteria for tx-naive: 1. Dx of chronic HCV, genotype 1, with a quantitative plasma HCV RNA of at least 10,000 IU/mL, 2. is the patient without decompensated cirrhosis, coinfection with HBV or HIV, or active cancer, or pregnancy, 3. will concomitantly receive peginterferon and ribavirin therapy with boceprevir. If approved, the PA would provide 20 weeks of boceprevir. If after 20 weeks of boceprevir (week 24 of total therapy including the first 4 w of lone peginterf/ribavirin) Criteria for previously treated: 1. Dx of chronic HCV, genotype 1, 2. Pt must have received at least 12 w of peginterferon and ribavirin and failed to have at least a 2 log10 decrease in the HCV RNA level, AND 3. absence of decompensated cirrhosis, coinfection with hepatitis B virus infection or HIV, or active cancer, or pregnancy.		
2140 6010 2003 **	Zytiga 250mg tab	abiraterone	Jevtana, Provenge	Oral treatment of prostate cancer in combo with prednisone in patients who have received prior chemotherapy containing docetaxel	T3PA. Drug has limited medical benefit. QL of 120/30d. No 90 day fills. Criteria are 1. Dx of metastatic prostate cancer, 2. has the pt received prior chemotherapy containing docetaxel. N Engl J Med 2011; 364:1995-2005. 1000mg (250mg tablets) daily. Extended overall survival by 3.9m (14.8 vs 10.9m). No difference in withdrawal due to AE's. Noteworthy: all authors were heavily invested and conflicted, many being employees of the manufacturer. Trial was (abir + pred) vs (plac + pred). The plac group took their meds a median of only 4 months while the abir group took abir a median of 8 months.		

GPI	Drug	Generic Name	Other Drugs in Same Class	Indications	Consultant's Notes	DUEC Vote	Insurance Vote
2153 2080 0003 **	Zelboraf 240mg tabs	vemurafenib	none	Oral treatment of malignant melanoma	This drug has limited medical benefit. In patients with 1. Dx of unresectable or metastatic, previously untreated stage IIIC or stage IV melanoma that tested positive for the BRAF V600E mutation on real-time polymerase-chain-reaction assay. (Not the wildtype BRAF) At 6 months, overall survival was 84% (95% CI, 78 to 89) in the vemurafenib group and 64% (95% CI, 56 to 73) in the dacarbazine group. N Engl J Med 2011;364:2507-16. T3PA		

Exclude

2135 5020 2021 **	Adcetris 50mg inj	blentuximad for IV infusion	none	Hodgkin's and non Hodgkin's lymphoma	Exclude for now. Only 1 phase 1 trial in peer-reviewed literature. FDA-approval is 1. Dx of Hodgkin's Lymphoma after failure of at least 2 prior chemotherapy regimens in patients ineligible for transplant or after stem cell transplant failure. 2. Dx of treatment of systemic anaplastic large cell lymphoma after failure of at least 1 prior chemotherapy.		
4420 1042 2001 **	Arcapta	indacaterol inhal powder	Serevent, Foradil, Performist	Treatment of airflow obstruction in patients with COPD, including chronic bronchitis and/or emphysema. Once daily dosing	T3. Step therapy for LABAs was adopted 1/19/10 with 2 changes from previous ST. ST: Allow LABA if inhaled steroid is on the profile 3 of the past 4 months OR if the patient currently qualifies as Moderate-Persistent Asthma (with questionnaire at EBRx Call Center which is the case with Advair) If filling salmeterol or formoterol alone will need criteria requiring concurrent use of ICS. PAs for LABAs are good for only 4 months. Indacaterol was compared to salmeterol and to formoterol. (Formoterol12 vs Inda 300-600mcg)Thorax. 2010 Jun;65(6):473-9. (Salmeterol Resp Med. 2011;105:719-726. Exclude at this time. No data vs other LABAs at equipotent dosing.		
8515 8470 0003	Brilinta 90mg	ticagrelor	Plavix, Effient	Antiplatelet therapy. More effective than Plavix for acute coronary syndrome	Exclude, Did NOT have a significant advantage over clopidogrel in the North American group. No subgroup analysis available. Some think it may involve higher ASA doses used in North Am.		
8299 1503 2003	Cenfol	folic acid/Vit B6/Vit B12		Volic acid combination	Exclude. No info on this specifically in Facts & Comparisons. Not indexed in Lexicomp. Multiple OTC-containing B vitamins are available.		
4399 5202 3209 **	Codar AR	Chlorpheniramine w/Cod liqid	Multiple	Narcotic antitussive-antihistamine	Exclude		
4399 5102 3000	Codar D	Pseudoephedrine w/Cod	Multiple products	Narcotic antitussive-decongestant	Exclude		

GPI	Drug	Generic Name	Other Drugs in Same Class	Indications	Consultant's Notes	DUEC Vote	Insurance Vote
4399 7002 2809 **	Codar GF	Guaifenesin-Codeine	Multiple options of Narcotic antitussive - expectorant	Narcotic antitussive/expectorant	Exclude. Not sure why we would cover this given the \$3/120mL option. Not indexed in Lexicomp. Not listed in Facts & Comparisons although multiple generics C-V's were listed with codeine 5-10mg, then C-III's up to 20mg codeine.		
4445 0065 0003 **	Daliresp 500mcg	roflumilast	NA	First in class PDE4 inhibitor for the prevention of COPD exacerbations in patients w/ COPD associated with chronic bronchitis and a history of exacerbations.	Exclude. Daliresp has not been compared to ICS. In the trial that COPD patients were allowed to continue the same dose ICS they took pretrial, there was no difference in moderate or severe COPD exacerbations. In the very severe COPD subgroup (GOLD stage IV), the rate of COPD exacerbations was 1.01 in the roflumilast group and 1.59 in the placebo group per patient per year, p=0.024. "Exacerbations" was symptomatic deteriorations treated with systemic corticosteroids and/or antibiotics. Severe exacerbations were hospitalizations. Patients in the trial were prohibited from increasing their use of ICS.		
4399 5303 1412 **	Endal CD Syrup	Phenylep-diphenhydramine-Codeine	multiple options	Narcotic cough-decongestant-antihistamine	Exclude. Not sure of the cost comparison vs others in the class.		
2210 0040 1018 **	Flo-pred Suspension	Prednisolone acetate oral suspension	Prelone	Corticosteroids	Exclude. Use generic. The difference is Flo-Pred is the only oral suspension. The others are solutions or syrups.		
2599 0036 005* *	Generess FE chewable	norethindrone/ ethiyl estradiol w/FE	Microgestin FE, TiliaFe	oral contraceptive	Exclude. Norethindrone 0.8 mg/ethinyl estradiol 0.025mg-monophasic 24 days; 4 days of ferrous fumarate 75mg. No other exact alternative. Several close alternatives.		
6254 0030 0003 **	Gralise	gabapentin (PHN)	gabapentin immediate release	Postherpetic neuralgia(PHN)	Exclude, generic available.		
6256 0002 07**	Horizant 600	gabapentin sustained release tab	gabapentin immediate release	anticonvulsant/neuropathic pain	Exclude. For Restless Legs Syndrome. Regular gabapentin has been shown effective in RLS. No comparisons yet b/w gabapentin and gaba enacarbil. Happe S, Klosch G, et al. Treatment of idiopathic RLS with gabapentin. Neurology. 2001;57:1717-1719. Bogan RK, et al. Lonterm maintenance treatment of RLS with gabapentin enacarbil: a RCT. May Clin Proc. 2010;85(6):512-21. Garcia-Borreguero D, et al. Treatment of RLS with gabapentin. Neurology. 2002;59:1573-79.		
7260 0000 05**	Lamictal XR 300mg tab	lamotrigine sustaied release	lamotrigie immediate release	anticonvulsant, bipolar disorder	Exclude.		

GPI	Drug	Generic Name	Other Drugs in Same Class	Indications	Consultant's Notes	DUEC Vote	Insurance Vote
8125 9990 0016 **	Lunlaid Emulsion	Dietary management product		Respiratory medical food	Exclude.		
2600 0010 1017 **	Makena injection	hydroxyprogesterone caproate 250mg/ml	Hydroxyprogesterone caproate 250mg/ml compounded by specialty pharmacies	Reduces the risk of preterm birth	Exclude. Has been compounded by pharmacists to date. FDA issued a statement 3/30/11 stating the FDA does not intend to take enforcement action against pharmacies that compound hydroxyprogesterone caproate unless the compounded products are unsafe, of substandard quality, or are not being compounded appropriately.		
9021 0065 0037 0**	Naproderm Cream	naproxen cream	Voltaren	topical analgesic (NSAIS)	Exclude. No info in pub med.		
7851 2070 0013 **	OB Complete Cap 400	Prenatal + DHA	Prenatal + DHA	Prenatal vitamin	Exclude.		
8999 1002 3137	Procort	HC/pramoxine	Analpram HC, Pramcort	Anorectal inflammation	Exclude. Hydroc 1.85%/Pramoxine 1.15%. Generic Hydrocort 2.5%/Pram 1% is \$49.99/30g tube at drugstore.com		
6610 0037 1020	Spirix Nasal Spray	ketorolac nasal spray	ketorolac tablets	mild to moderate pain in nasal spray form	Exclude. This drug has a 5 day limit. It has not been compared to any other analgesic that is available in this country.		
9005 9903 2009 **	Sumadan Wash	Sulfacetamide w/sulfur wash	Sulfacetamide w/sulfur wash	Acne Product	Exclude. (sodium sulfacetamide 9% & sulfur 4.5% cream). Generics available.		
2170 0075 2064 **	Sylatron Kit	peginterferon alfa-2b for injection	none	Melanoma	Exclude. Specialty. No effect on overall survival. Provides a worse QOL than observation. Specifically, fatigue, appetite loss, dyspnea, Has, sore muscles, and fever were worse with treatment. J Clin Oncol. 2009;27:2916-23. Did provide a superior recurrence-free survival of 45.6% vs 38.9%, a HR of 0.82 at 3.8y, p=0.01. However at 4 years, only 22.5% remained in the treatment group. 99% in the tx group reported adverse effects. Eggermont AMM, et al. Adjuvant therapy with pegylated interferon alfa-2b versus observation alone in resected stage III melanoma: final results of EORTC 18991, a randomised phase III trial. Eur J Cancer. 2009;45:117-22.		
9055 0040 0042	Topicort LP oint 0.05%	desoximetasone oint	betamethasone, mometasone	topical corticosteroid	Exclude.		

GPI	Drug	Generic Name	Other Drugs in Same Class	Indications	Consultant's Notes	DUEC Vote	Insurance Vote
4399 5303 2009 **	Tricode AR	Pseudoephedrine/ chlorphen w/Cod	Multiple products	Narcotic antitussive/decongestant/antihistamine	Exclude. Active ingredients (in each 5 mL teaspoonful) Chlorpheniramine Maleate 2 mg Codeine Phosphate* 8 mg *WARNING: May be habit forming Pseudoephedrine Hydrochloride 30 mg		
4399 7303 3009 **	Tricode GF	pseudoephedrine w/Cod-GG	Multiple products	Narcotic antitussive/expectorant/decongestant	Exclude.		
2153 4085 0003 **	Vandetanib 100 and 300mg tabs (Caprels)	vandetanib	no other oral therapies	Oral tx of symptomatic or progressive medullary thyroid cancer in patients with unresectable locally advanced or metastatic disease	This drug is intended to treat metastatic or unresectable locally advanced medullary thyroid cancer. EXCLUDE. This drug provides limited medical benefit.		
5812 0088 1003 **	Viibryd	vilazone	citalopram fluoxetine, Lexapro, paroxetine, sertraline	Major depressive disorder	Exclude. Reevaluate in 6 months. There is only 1 clinical trial in Pub Med and it is vs placebo.		
1210 9050 0075 **	Viramune XR 400mg tab	nevirapine SR	Rescriptor, Sustiva, Viramune, Intelence	HIV-1 infections in adults	Exclude the XR form. Immediate release is given twice daily while the XR is once daily; generic immediate release is expected May 2012. Nevirapine is included in the current HIV guidelines as alternate. See Current Guidelines.		
7851 6032 0001 **	Vitafol-one caps	Prenatal + DHA	Prenatal + DHA	Prenatal vitamin	Exclude.		
4399 7303 3009 **	Ztuss	Pseudoephedrine /Cod/GG	Multiple products	Narcotic antitussive/expectorant/decongestant	Exclude		

N/A Medical (see individual drugs)

9937 9902 4040 **	Solesta injection		none	Tx of fecal incontinence who have failed conservative therapy. 4 injections per procedure administered by trained physician as an outpatient w/o anesthesia.	N/A Medical		
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GPI	Drug	Generic Name	Other Drugs in Same Class	Indications	Consultant's Notes	DUEC Vote	Insurance Vote
2175 5040 1020 4**	Calcium folinate	leucovorin calcium	n/a	Due to a shortage of leucovorin calcium injection, the FDA has approved temporary importation and distribution of this European product, from TEVA UK	N/A IV infusion		
8510 0015 1021 **	Wilate	Antihemophilic factor/VWD	Humate	Tx of spontaneous and traumatic induced bleeding episodes in patients with severe VWD or moderate VWD in whom the use of desmopressin is known/suspected to be ineffective or contraindicated. Not for the prevention of excessive bleeding during/after surgery in patients w/VWD. Not indicated for Hemophilia A	N/A Inpatient only.		
8510 0010 2644 **	Xyntha Injection	Antihemophilic Factor VIII, plasma/albumin free		Congenital factor VIII disorder/hemophilia a carrier/asymptomatic hemophilia A carrier/symptomatic hemophilia a carrier. Not indicated for VWD	N/A Medical. Or if covered by Rx benefit, reject at the POS, T3PA for 1. Dx of Hemophilia A, others?. Dose for major to life-threatening hemorrhage: Initial dose 40-50 IU/kg then 20-25 IU/kg q8-24h until threat is resolved. 70kg person...3500 IU now and 1750 IU q8h is 35 vials or 8750 in the first 24h. \$14,525 first		
2135 3032 0020 **	Yervoy	ipilimumab	dacarbazine, Proleukin	Unresectable or metastatic melanoma	N/A Medical, IV . If covered by pharmacy benefit, T3PA: 1. Dx of metastatic malignant melanoma.		

Vyvanse vs Adderall XR
August 1-August 31, 2011

Vyvanse (currently excluded from coverage) vs Adderall XR and generic Adderall XR
 August 1-August 31, 2011

Vyvanse (lisdexamphetamine)	Strength*	Utilizers	#Rxs	AWP/ capsule		Strength	Utilizers	#Rxs	AWP/ capsule		Strength	Utilizers	#Rxs	AWP/ capsule
	20 mg	18	14	\$5.80		5 mg ER	2	2	\$7.50		5 mg ER	4	4	\$6.13
	30 mg	49	30	\$5.80		10mg ER	20	26	\$7.36		10mg ER	36	57	\$6.13
	40 mg	24	23	\$5.80	Brand Adderall XR (Mixed amphetamine Salts) MAS	15 mg ER	11	10	\$7.46	Generic Adderall XR (MAS)	15 mg ER	38	49	\$6.13
	50 mg	27	27	\$5.80		20 mg ER	58	74	\$7.60		20 mg ER	190	226	\$6.13
	60 mg	13	12	\$5.80		25 mg ER	11	10	\$7.75		25 mg ER	39	43	\$6.13
	70 mg	21	25	\$5.80		30 mg ER	41	37	\$7.84		30 mg ER	135	141	\$6.13

*30 mg lisdexamphetamine is equivalent to 10 mg MAS (ER)

Considerations:

1. Generic Adderall XR cost will decrease further due to competition in the market.
2. QL would prevent exceeding the maximum recommended daily dose.

Citalopram (Celexa®) 10/4/11 DUEC

Considerations:

1. Hard edit at point of sale rejecting >40mg daily.
2. Dose optimize all strengths and place QL on all strengths. 40mg tabs max 31/31d, 20mg 31tabs/31d, 10mg 31 tabs/31d) Patients should move to the next higher strength rather than take multiple tabs to achieve the dose.
3. Per the PI: "Celexa (citalopram HBr) should be administered at an initial dose of 20 mg once daily, with an increase to a maximum dose of 40 mg/day. Dose increase should usually occur in increments of 20 mg at intervals of no less than one week. Doses above 40 mg/day are not recommended due to the risk of QT prolongation. Additionally, the only study pertinent to dose response for effectiveness did not demonstrate an advantage for the 60 mg/day dose over the 40 mg/day dose."

From Connie Bennett at Informed Rx:

I ran a report from Jun 1, 2011 thru today to check for any members that may be exceeding 40mg/day. **The report revealed ~120 members.** One solution would be to place quantity limits on Celexa.

Celexa (citalopram hydrobromide): Drug Safety Communication - Abnormal Heart Rhythms Associated With High Doses[Posted 08/24/2011]

AUDIENCE: Psychiatry, Cardiology

ISSUE: FDA notified healthcare professionals and patients that the antidepressant Celexa (citalopram hydrobromide) **should no longer be used at doses greater than 40 mg per day** because it can cause abnormal changes in the electrical activity of the heart. Changes in the electrical activity of the heart (prolongation of the QT interval of the electrocardiogram [ECG]) can lead to an abnormal heart rhythm (including Torsade de Pointes), which can be fatal. Patients at particular risk for developing prolongation of the QT interval include those with underlying heart conditions and those who are predisposed to low levels of potassium and magnesium in the blood.

Studies did not show a benefit in the treatment of depression at doses higher than 40 mg per day. Previously, the citalopram drug label stated that certain patients may require a dose of 60 mg per day. The citalopram drug label has been revised to include the new drug dosage and usage recommendations, as well as information about the potential for QT interval prolongation and Torsade de Pointes. See the FDA Drug Safety Communication Data Summary for additional information.

BACKGROUND: Celexa (citalopram hydrobromide) is in a class of antidepressants called selective serotonin reuptake inhibitors (SSRIs).

RECOMMENDATION: Citalopram causes dose-dependent QT interval prolongation. Citalopram should no longer be prescribed at doses greater than 40 mg per day. Citalopram should not be used in patients with congenital long QT syndrome. Patients with congestive heart failure, bradyarrhythmias, or predisposition to hypokalemia or hypomagnesemia because of concomitant illness or drugs, are at higher risk of developing Torsade de Pointes. See the FDA Drug Safety Communication for additional recommendations for healthcare professionals and patients.

Employee Benefits Division Prescription Drug Program
HMG Co-A Reductase Inhibitor (Statin) Evaluation
July 2011

1. Overview of Statin Reference Pricing Program

The table below summarizes the comparative potencies of the currently-available statin agents with respect to lowering of LDL-cholesterol.

Atorva (Lipitor)	Fluva (Lescol)	Pitava (Livalo)	Lova (Mevacor)	Prava (Pravachol)	Rosuva (Crestor)	Vytorin*	Simva	%↓ LDL-C
-----	40 mg	1 mg	20 mg	20 mg	-----	-----	10 mg	30%
10 mg	80 mg	2 mg	40 or 80 mg	40 mg	-----	-----	20 mg	38%
20 mg	-----	4 mg	80 mg	80 mg	5 mg	10/10 mg	40 mg	41%
40 mg	-----		-----	-----	10 mg	10/20 mg	80 mg	47%
80 mg	-----		-----	-----	20 mg	10/40 mg	-----	55%
	-----		-----	-----	40 mg	10/80 mg	-----	63%

Agents in the grey area (below 80mg simvastatin), with the exception of Vytorin, require prior authorization. These entities include Lipitor 80mg, Crestor 20mg and 40mg and are limited for individuals who require >50% reduction in LDL. All other agents are subject to reference pricing based on the price of the reference drug, simvastatin (shaded in yellow).

2. Summary of June 8, 2011 FDA Recommendations pertaining to simvastatin usage

- a. Simvastatin 80mg should be used only in patients who have been taking this dose for 12 months or more without evidence of muscle injury (myopathy). Simvastatin 80mg should not be started in new patients, including patients already taking lower doses of the drug.
- b. When used with simvastatin, the following medications can raise levels of simvastatin in the body and increase the risk of myopathy. Taking no more than the recommended dose of simvastatin with these medications will help keep simvastatin levels in the body at a safer level. A summary of these recommendations is included below and in the table on the following page.
 - i. Contraindicated in combination with simvastatin: Gemfibrozil
 - ii. Do not exceed 10mg simvastatin with: Amiodarone, Verapamil, or Diltiazem

iii. Do not exceed 20mg simvastatin with: Amlodipine, ranolazine

The table below provides a summary of the FDA's recommendation in greater detail.

Previous simvastatin label	New simvastatin label
Avoid simvastatin with: Itraconazole Ketoconazole Erythromycin Clarithromycin Telithromycin HIV protease inhibitors Nefazodone	Contraindicated with simvastatin: Itraconazole Ketoconazole Posaconazole (New) Erythromycin Clarithromycin Telithromycin HIV protease inhibitors Nefazodone Gemfibrozil Cyclosporine Danazol
Do not exceed 10 mg simvastatin daily with: Gemfibrozil Cyclosporine Danazol	Do not exceed 10 mg simvastatin daily with: Amiodarone Verapamil Diltiazem (Note: These drugs are contraindicated with Simcor as Simcor is only available with 20 mg or 40 mg of simvastatin.)
Do not exceed 20 mg simvastatin daily with: Amiodarone Verapamil	Do not exceed 20 mg simvastatin daily with: Amlodipine (New) Ranolazine (New)
Do not exceed 40 mg simvastatin daily with: Diltiazem	
Avoid large quantities of grapefruit juice (>1 quart daily)	Avoid large quantities of grapefruit juice (>1 quart daily)

3. EBD Member Impact related to the FDA's recommendation

The table below summarizes the FDA's individual recommendations related to safe simvastatin usage along with EBD's members who could potentially be affected. The group in RED correspond patients using simvastatin 80mg for less than 12 months. The group in BLUE represents concomitant use of simvastatin and gemfibrozil. The group in YELLOW represents patients exceeding 10mg of simvastatin concomitantly with the specific drug. The group in ORANGE represents patients who are exceeding 20mg of simvastatin concomitantly with amlodipine.

FDA Recommendation	Patient Group(s)	Number of EBD utilizing members	% of Total
Simvastatin 80mg utilizing members for less than 12 months		814	7.1%
Concomitant use of simvastatin and gemfibrozil		336	2.9%
Simvastatin 20mg with amiodarone		140	1.2%
Simvastatin 20mg with verapamil		449	3.9%
Simvastatin 20mg with diltiazem		676	5.9%
Simvastatin 40mg with amlodipine		1,725	15.2%
Totals		4,140	36.4
Total Simvastatin Utilizers		11,385	

The table below cross-references the components of the FDA's recommendations with corresponding statin potency comparisons to identify potential product impact. The colors in the table below correspond to the patient groups identified above.

Atorva (Lipitor)	Fluva (Lescol)	Pitava (Livalo)	Lova (Mevacor)	Prava (Pravachol)	Rosuva (Crestor)	Vytorin*	Simva	%↓ LDL-C
----	40 mg	1 mg	20 mg	20 mg	----	----	10 mg	30%
10 mg	80 mg	2 mg	40 or 80 mg	40 mg	----	----	20 mg	38%
20 mg	-----	4 mg	80 mg	80 mg	5 mg	10/10 mg	40 mg	41%
80 mg	-----		-----	-----	20 mg	10/40 mg	-----	55%
	-----		-----	-----	40 mg	10/80 mg	-----	63%

4. Projected Economic Impact to EBD if Reference Pricing was suspended.

Based on the previous 4 months' of data (January 1, 2011 – April 30, 2011), EBD plan spend for the statin class amounted to \$569,211. The Plan Paid amount represents the total prescription cost within the statin category less the contribution of plan beneficiaries. During this period, the

Average Member Paid amount per prescription was \$17.64 and the average Plan Paid amount was \$12.09. Additionally, simvastatin accounted for 64.1% of the plan's entire statin usage. The plan's Statin Utilization Summary is included in this report.

Applying the plan's traditional 3-tier co-payment model (\$10.00 – generics, \$30.00 – preferred brands, and \$60.00 – non-preferred brands) to the statin class would yield a Plan Paid amount of \$792,458. This assumes no shifts in market share among the statin products, although such an assumption is highly unlikely. Based on the current utilization, the savings realized by the plan as a result of reference pricing within this class is estimated at **\$670,000** annually.

While it is not possible to predict the future market share shifts as a result of the FDA's new recommendations, modeling is provided here to gauge the impact of changing prescribing patterns. The table on **page 5** models projected market share shifts if prescribing patterns changed by varying degrees (30%, 50%, 70%, or 90%). The difference in Plan Paid/Rx between simvastatin and the weighted average of the Plan Paid/Rx for Crestor/Lipitor is multiplied by the percentage of prescriptions projected for conversion.

5. EBD's Statin Market Share (May 2011 vs. June 2011)

The table below provides a summary of market share (% of Rx's) for each of the statin products within EBD's utilization. As the recommendation from the FDA was released in early June, only slight movement in market share can be detected. Additionally, as of the first week of July 2011, the EBRx Call Center has not experienced significant call volume as a result of the issued recommendations.

Product	Market Share (% of Rx's)	
	May 2011	June 2011
Simvastatin	64.5%	63.8%
Crestor	4.9%	5.0%
Lipitor	4.8%	4.9%
Pravastatin	20.8%	20.9%
Lovastatin	5.0%	5.4%
Total	100%	100%

EBD Prescription Drug Program
 Projected Market Share Shifts as a Result of FDA Recommendations on Simvastatin
 June 2011

Label Name	# of Mbrs	# of Rxs	Rxs/Utilizer	# of Affected Mbrs	# of Affected Rxs	Plan Pd/Rx Simva	Crestor	Lipitor	Conversion Percentage			
									30%	50%	70%	90%
Simvastatin 20mg	4,012	10,281	2.56	1,265	3,242	\$8.89		10mg/\$84.31	\$73,345	\$122,242	\$171,139	\$220,036
Simvastatin 40mg	5,284	13,659	2.58	1,725	4,459	\$5.79	5mg/\$105.21	20mg/\$130.24	\$149,437	\$249,062	\$348,687	\$448,311
Simvastatin 20mg	594	1,540	2.59									
Simvastatin 40mg	19	42	2.21									
Totals	11,723	30,197	2.58	3,804	9,799				\$292,445	\$487,408	\$682,371	\$877,335